

Step 2		Per 100g milk powder	Per 200ml Serving
Energy	kJ	2064	557
Protein	g	18	5
Fat	g	24	6
Arachidonic Acid ARA	mg	40	11
DHA	mg	20	5
EPA	mg	5	1
Linoleic acid	mg	3850	1040
α-linolenic acid	mg	385	104
Phospholipids	mg	60	16
Lecithin	mg	60	16
L-Carnitine	mg	16	4
L-Cystine	mg	80	22
Carbohydrates	g	51	14
Nucleotides	mg	18	5
Lutein	µg	150	41
Vitamins			
Vitamin C	mg	70	19
Vitamin A	IU	2000	540
β-Carotene	µg	150	41
Vitamin D	IU	308	83
Vitamin E	IU	10	3
Vitamin K1	µg	50	14
Vitamin B1	µg	700	189
Vitamin B2	µg	770	208
Vitamin B6	µg	380	103
Vitamin B12	µg	3	1
Biotin	µg	12	3
Niacin	µg	4000	1080
Folic acid	µg	70	19
Pantothenic acid	µg	2800	756
Taurine	mg	40	11
Choline	mg	70	19
Inositol	mg	21	6
Minerals			
Calcium	mg	810	219
Phosphorus	mg	500	135
Magnesium	mg	62	17
Iron	mg	8	2
Zinc	mg	5	1
Manganese	µg	70	19
Sodium	mg	180	49
Potassium	mg	600	162
Chloride	mg	415	112
Copper	µg	400	108
Iodine	µg	100	27
Selenium	µg	12	3